When to call for help
when you’ve been diagnosed with or exposed to COVID-19

If you have a high risk of having been exposed to this virus or you have tested positive but don’t have symptoms, call your doctor now if you develop symptoms such as:

• Shortness of breath.
• Fever.
• Cough.

If symptoms get worse...

If you have been diagnosed with coronavirus disease and already have a cough, fever, or shortness of breath, call your doctor now if your symptoms get worse or you don’t get better as expected.

Call first

Whether you have symptoms or not, call ahead to the doctor’s office before you go. To prevent exposing other people to the virus, make sure you wear a face mask, if you have one.

My telehealth line:

My doctor: