When to call for help
when you’ve been diagnosed with or exposed to COVID-19

Call 911 anytime you think you may need emergency care. For example, call if:

• You have severe trouble breathing.

• You have severe dehydration. Symptoms of dehydration include:
  • Dry eyes and a dry mouth.
  • Passing only a little urine.
  • Feeling thirstier than usual.

• You are extremely confused or not thinking clearly.

• You pass out (lose consciousness).

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If you have a high risk of having been exposed to this virus or you have tested positive but don’t have symptoms, call your doctor now if you develop symptoms such as:

• Shortness of breath.
• Fever.
• Cough.

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If symptoms get worse...

If you have been diagnosed with coronavirus disease and already have a cough, fever, or shortness of breath, call your doctor now if your symptoms get worse or you don’t get better as expected.

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Call first

Whether you have symptoms or not, call ahead to the doctor’s office before you go. To prevent exposing other people to the virus, make sure you wear a face mask when you go to the doctor.

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My telehealth line:

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My doctor:

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