COVID-19 is a type of coronavirus that causes an infection that has now spread all over the world. There are a lot of different coronaviruses. Most cause the common cold. But other coronaviruses can be more serious. COVID-19 is new and hasn’t been seen in people before. And for some people, it can become serious and dangerous.

As health care and other community services learn more about COVID-19, information can change. It’s a good idea to know what’s happening in your community, schools, and work. Find reliable sources of information that give you facts about new cases and what you can do to prevent spreading the virus.

**COVID-19 Spread interceptor**

It can spread by being close to someone who has the virus. It may also spread by touching something that has the virus on it, such as a doorknob or a tabletop.

**How is it spread?**

- **Fever**
- **Trouble breathing**
- **Cough**

If you have symptoms, call your doctor, because they may want to do a test.

- **Call first before seeking care.**
  - You can call your doctor, telehealth provider, or nurse help line.

**What can you do?**

- **Avoid becoming sick.**
  - Stay home and ask people not to visit you.
  - Avoid touching your mouth, nose, and eyes.

As health care and other community services learn more about COVID-19, information can change.

It’s a good idea to know what’s happening in your community, schools, and work. Find reliable sources of information that give you facts about new cases and what you can do to prevent spreading the virus.

Two online resources that you can trust:
- The Centers for Disease Control and Prevention
cdc.gov
- The World Health Organization
who.int

**If you have symptoms, call before seeking care.**

You can call your doctor, telehealth provider, or nurse help line.

**If you have symptoms, call before seeking care.**

You can call your doctor, telehealth provider, or nurse help line.