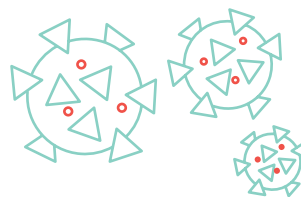


COVID-19



Is it COVID-19 or the flu?

COVID-19 and influenza (flu) have similar symptoms. They can be hard to tell apart. The only way to know for sure which illness you have is to be tested.

The symptoms are a lot alike. Until your test results come back, it makes sense to act as if you have COVID-19. That means staying home and limiting contact with people in your home. You'll need to wash your hands often and disinfect surfaces that you touch. And be sure to wear a mask or face covering when you're around other people.

And by the way—this is also good advice if you think you have the flu.

COVID-19 and the flu have these symptoms in common:

	Flu	COVID-19
Fever or chills	✓	✓
Cough	✓	✓
Shortness of breath	✓	✓
Fatigue (tiredness)	✓	✓
Sore throat	✓	✓
Runny or stuffy nose	✓	✓
Muscle pain or body aches	✓	✓
Headache	✓	✓
Vomiting and diarrhea (more common in children than adults)	✓	✓

COVID-19 has a symptom that the flu doesn't:

	Flu	COVID-19
New loss of taste or smell	✗	✓



Why you should get a flu vaccine during the COVID-19 pandemic

It's important to get your yearly flu vaccine. It won't protect you from COVID-19. But getting both the flu and COVID-19 at the same time can make you more sick than getting just one or the other.

The flu vaccine can help prevent the flu or reduce its symptoms. If fewer people get very sick with the flu, medical resources can be freed up for people with COVID-19.

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