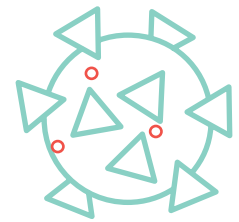




Call first!

Avoid exposing others to COVID-19



“I think I have COVID-19. Should I seek medical care?”

Call first.

If you think you have COVID-19, stay home and call your doctor’s office, urgent care, or nurse call line. They can advise you on whether you need medical care. If you do need care and must leave your home, wear a cloth face cover.



“I’m sick with COVID-19, and my symptoms are getting worse. Should I go to urgent care or the ER?”

Call first.

Call to find out if and how soon you need care. If you must leave home to get care, wear a cloth face cover.

Why call first?

Call first so that you don’t leave your home unless you really need to. Many people with COVID-19 don’t need medical care or testing. When they leave their homes for care that they don’t need, they put others at risk. Seek care if you need it. But call first to be sure.

And call first so that if you DO need care, the doctor’s office, clinic, or hospital knows that you’re coming. They may want you to use a special entrance or go to a special area.